

# SCP LENGTHS SWIMMING SCHEDULE

June 2 - 8 — **National Swimming Trials**



**RED** = Reduced Lanes (1 or 2)\* **LIGHT BLUE** = 3 or 4 Lanes Available\*\* **BLACK** = more than 4 Lanes Available

*All times subject to change at short notice. Please call 250-475-7600 if you have any questions or go to [saanich.ca/swim](http://saanich.ca/swim)*

		MON 2	TUES 3	WED 4	THURS 5	FRI 6	SAT 7	SUN 8
<b>Special Notes</b>		Quiet Swim 1pm-2pm	<b>Bell National Swimming Trials</b> Pool area affected and Adult (16+) Only Access June 3 at 12pm - June 12					
<b>Hot Zones Open (16+)</b> (Sauna, Steam Room, Hot Tub) Adult Only			5:30am-9pm <b>*12pm-9pm</b> <b>*Adult Only begins</b>	5:30am-10pm	5:30am-10pm	5:30am-10pm	6am-9pm <b>Hot Zones only</b>	7am-9pm <b>Hot Zones only</b>
<b>Pool Hours</b>		5:30am-10pm	5:30am-12pm 7:15pm-9pm	5:30am-7:30am 12:30pm-3:45pm 8:15pm-10pm	5:30am-7:30am 12:30pm-3:45pm 8:15pm-10pm	5:30am-7:30am 8:15pm-10pm	(no Public Access to pools)	(no Public Access to pools)
<b>Competition Pool</b>	25 M Short Course	9:15am-2:00pm 2pm-4pm** 7:30pm-8:45pm* 8:45pm-10pm						
	50 M Long Course	7:30am-9am*	7:30am-9am**					
<b>Teach Pool</b>	<b>Lengths</b>	5:30am-8am** 8am-9am* 10am-12pm 12pm-1pm** 1pm-4pm 4pm-9pm* 9pm-10pm**	5:30am-6:30am 6:30am-7:30am** 7:30am-8:55am 8:55am-11am* 11am-12pm 7:15pm-9pm**	<b>NO BULK HEAD BETWEEN DIVE TANK AND TEACH POOL</b> <b>50 METER LANES</b> <b>COOLER POOL TEMPERATURE THAN NORMAL (26C)</b> <b>CAUTION: SUDDEN CHANGE OF DEPTH BETWEEN THE TWO POOLS</b> ← includes Tuesday PM times				
<b>Dive Tank</b>	<b>Lengths</b>	5:30am-7:55am 7:55am-9am* 9am-10:10am 11:30am-4pm 4pm-9pm* 9pm-10pm	5:30am-7am 7am-7:55am** 7:55am-9am* 9am-10:10am 11:15am-12pm	5:30am-7:30am 1:30pm-3:45pm 8:15pm-10pm	5:30am-7:30am 1:30pm-3:45pm 8:15pm-10pm	5:30am-7:30am 8:15pm-10pm		
	<b>Water Walking</b> Self-directed	5:30am-4pm* 9pm-10pm*	5:30am-12pm* 7:15pm-9pm*	5:30am-7:30am* 12:30-3:45pm* 8:15pm-10pm*	5:30am-7:30am* 12:30-3:45pm* 8:15pm-10pm*	5:30am-7:30am* 8:15pm-10pm*		
<b>No Lengths Available</b>			12pm-7:15pm	7:30am-12:30pm 3:45pm-8:15pm	7:30am-12:30pm 3:45pm-8:15pm	7:30am-8:15pm	ALL DAY	ALL DAY